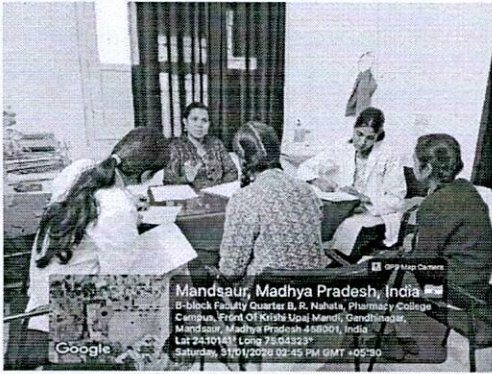
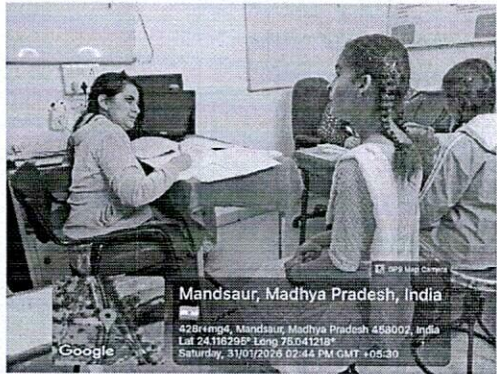


Report on Medical Camp

Department: Ayurveda	Program/Semester: Ayurveda Medical Camp
Activity: Medical Camp (PTSR)	
Date and Duration: 31 January 2026 / 2:10 PM to 04:30 PM	
Title: Ayurvedic Health Checkup and Awareness Camp for menstrual Hygiene.	
Resource Person: Dr Abha L Ravi, Dr. Hafsa P Ahamed, Dr. Juli Kotwani	
<p>Brief description/ Remarks:</p> <p>An Ayurvedic Medical Camp was organised on 31 January 2026 at Mandsaur Ayurveda Medical Hospital, Mandsaur by the Department of Prasutitantra and Striroga where 72 girl students from Ramapura Govt. Higher secondary School availed medical consultation. The majority of participants were aged between 15 and 17 years. An awareness class of menstrual hygiene was provided by Dr. Juli Kotwani, Assistant Professor, Department of Prasutitantra and Striroga. In addition to providing consultation and treatment patients requiring advanced care or hospitalization were informed about the facilities available at Mandsaur Ayurveda and medical hospital, Mandsaur and guide on how to access the. Pamphlets regarding treatment facilities available at hospital were also distributed. The camp was well appreciated by the students and proved to be a valuable initiative.</p>	
<p>Photos:</p> <div style="display: flex; justify-content: space-around;">   </div>	
<p>Outcome:</p> <ul style="list-style-type: none"> • Increased awareness among adolescent girls regarding menstrual hygiene and reproductive health • Beneficiaries received appropriate Ayurvedic consultation and necessary treatment guidance • Early identification of common gynecological and adolescent health issues 	


- Improved understanding of available healthcare facilities at Mandasaur Ayurveda Medical Hospital

No. of participants: 72 participants

Prepared by: Dr. Abha L Ravi , Professor, Faculty of Ayurveda, Mandasaur University

Verified and Submitted by (HOD/HOI): Dr. DeepakYadav, Head, Faculty of Ayurveda , Mandasaur University.


Faculty Coordinator


HOD
Principal
Mandasaur Institute of Ayurved
Education and Research Mandasaur

